



PRE-TREATMENT REQUIREMENTS

Name:
Catalyst #:

- Please have your doctor fax the Medical Clearance to our intake Office at 905.465.3321. Please follow up with the Intake team to confirm we have received your Medical Clearance. Women’s Intake Phone Number: 905.465.1679; Men’s Intake Phone Number: 905.465.3961
- It is expected that each individual on the wait list attend three (3) or more 12-step meetings per week (or two (2) 12-step meetings if you attend a weekly appointment with an Addictions Counselor)
- Every individual is required to ‘call-in twice per week’. Calls are to be made on Wednesdays and Saturdays. During Pre-Treatment Requirement call-ins please report the number of meetings attended and your clean/sober date.

Women’s Check-in Number: 905.875.4586

Men’s Check-in Number: 905.878.5479

- Each individual is encouraged to attempt to abstain from the use of alcohol and other drugs during the course of the pre-treatment program and before admission to the live-in program
- If requested, individuals are to enter a Withdrawal Management Centre seventy-two (72) hours (minimum) prior to admission. Our intake team will support individuals to determine the necessary amount of clean time based on each individual’s substance use history to reduce the risk of withdrawal symptoms during the treatment program.
- Please provide updates to our intake team regarding medical or legal issues, including appointments, so that we can support you in accessing the most appropriate treatment cycle to complete.

Intake dates will be confirmed one week prior to the intake date. A list of what to bring and what not to bring will be provided at that time. If you have any questions please contact our intake department.

Client Name (Please print)

Client Signature

Date

Team Member Name (Please print)

Team Member Signature

Date